



# Grieving Friends Support Network

Bereavement and grieving process workshop

Grieving Men and Women



Join us to explore the mixed-up emotions of the grieving process

**Date:** Saturday, 8 March, 2025

**Time:** 10:30am – 1 p.m.

**Venue:** Harlow Study Centre,  
Netteswellbury Farm,  
Harlow, CM18 6BW

To register  
Click the link below/ scan the QR code/ email



<https://forms.office.com/r/PiMcTH8Vsb>

Contact:

Email: [grievingfriendsgroup@gmail.com](mailto:grievingfriendsgroup@gmail.com)

Phone: 07497613274

Grieving Friends Support Network is a community support group for people who have lost loved ones

Reg no: 15915153